**Proposed Greater Sekhukhune Outreach** Programme: an evidence based approach for developing medical genetic services in South Africa Arnold Christianson **Division of Human Genetics** National Health Laboratory Service & University of the Witwatersrand Johannesburg, South Africa.

### Acknowledgement

### CAPABILITY

### EUROGENTEST

• National Health Laboratory Service

• Division of Human Genetics, NHLS

• Limpopo DOH & University of Limpopo

## A little history Northern Province clinical genetic outreach programme 1990- 1997



"Dr Christianson I presume?"



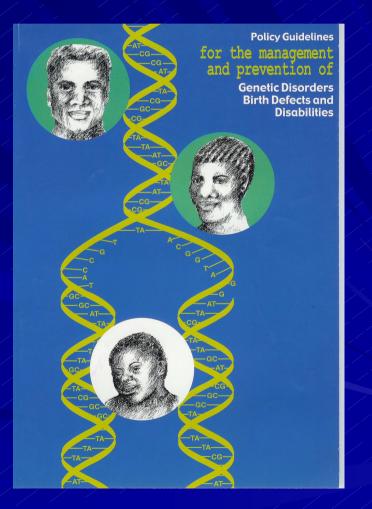
Prof V Penchaszadeh & Snr R Shimange-1997

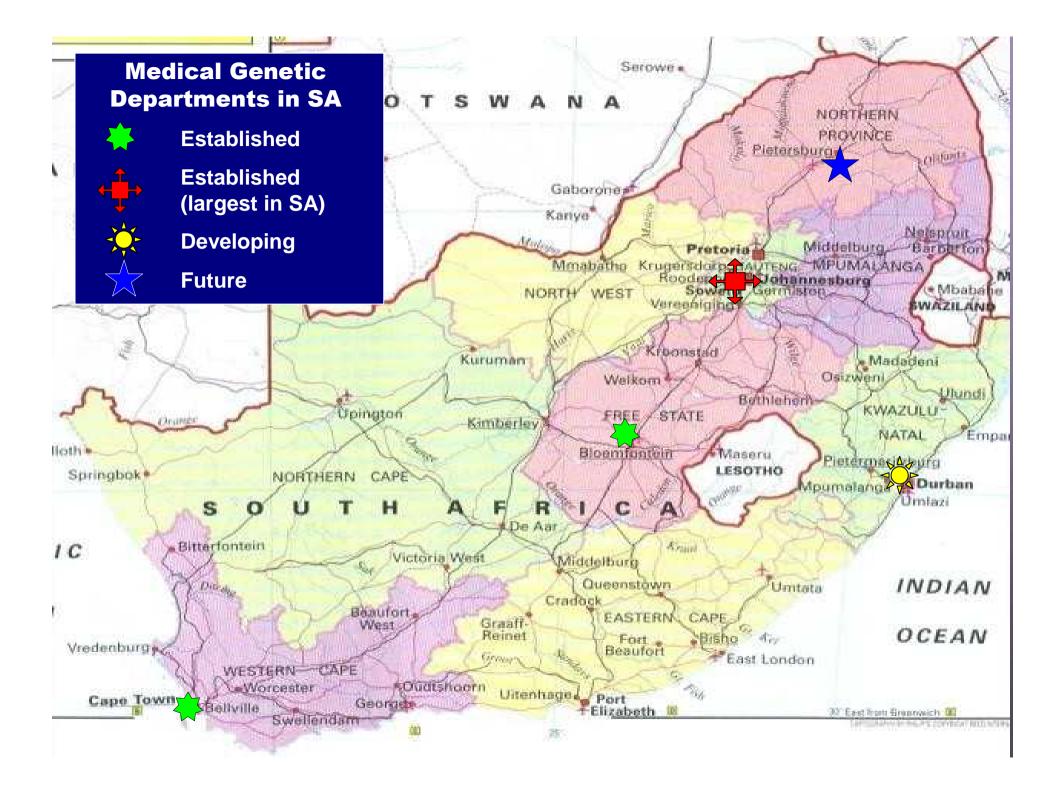
Christianson A L, Venter P A, Modiba J H, Nelson M M: The development of a primary health care clinical genetic service in rural South Africa- the Northern Province experience 1990-1996. Community Genetics 2000; 3: 77-84.

# Launch of the National Policy Guidelines by the Minister of Health- August 2001

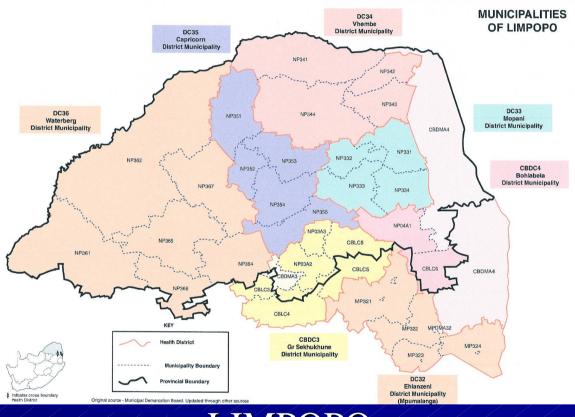
#### Established:

- The need & approach to delivery of services for care & prevention of birth defects
- Importance of PHC established
- Priority conditions
- National education training requirements-Doctors & nurses
- Role & integration of medical genetic laboratory services
- Need for acquisition of birth defects statistics
- Looked briefly at ethical and costing issues





## LIMPOPO Formerly Northern Province



### LIMPOPO

- Land mass 124 000 km<sup>2</sup> (~10% of the country)
- Population 5.67 million (~12% of pop<sup>n)</sup>
- Pop<sup>n</sup> density 45.5/km<sup>2</sup>, mostly rural (86.7%) black S Africans

# Limpopo

DemographyNo of births ~140 2900

• Fertility rate 3.7/woman (2.8)

• U5MR 57/1000 live births

• Life expectancy 56 years (50.7)

Piped water 73.3%Sanitation 85.1%



# Limpopo

### Health care

- 48 hospital (2 tertiary, 6 secondary, 37 primary)
- Support 443 clinics, 26 CHCs, 130 mobile clinics.
- 07/08 health budget-R5429 million (~US\$775 m)
   10.6% national health budget



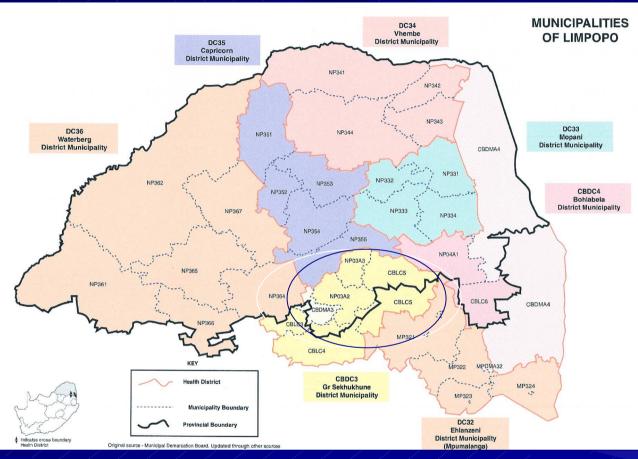
# Limpopo

### Health care

- ANC coverage 93.4%
- Assisted birth 87.7%
- 88% clinics with EPI
- 97% clinics with FP
- Doctors 780+75 specialists(26.8% posts vacant)
- Nurses 5827 (15% posts vacant)

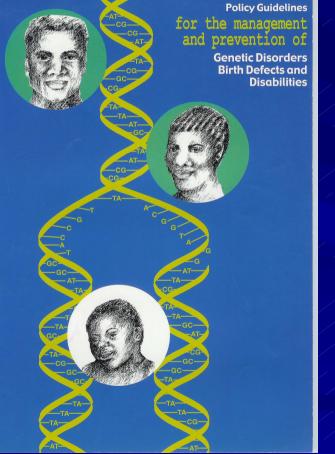


### Greater Sekhukhune



- 1 secondary care & 6 district hospitals
- 65 clinics & 4 community care centres
- ~18 400 annual births

#### Clinical services



Christianson A L *et al.* Community Genetics 2000. Medical Genetic Education Programme

**PERINATAL EDUCATION** 

PROGRAMME



Basis of postgraduate nursing education programme In S Africa

**MANUAL 7** 

BIRTH DEFECTS Funded by MOD & produced in association with SAIDA

#### Further evaluation of the MGEP

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Improves genetic knowledge & skills
Need to assess if improves clinical practice
Use the clinical diagnosis of Down syndrome to assess if practice is improved

•Use LIMPOPO to introduce MGEP by teleconferencing

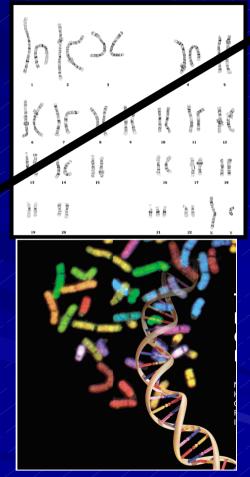
The previous outreach programme to Limpopo was instrumental in developing principle and practices for the development of clinical genetic services in SA. This outreach should assist in furthering that process, but can be used as a clinical laboratory to test the implementation and clinical utility of medical genetic tests.



In developing future laboratory diagnostic testing for South Africa the future appears to lie in applying DNA based tests as soon and widely as possible.

The goal of this process is to develop a diagnostic laboratory service that complements the clinical service available, and is 'better, cheaper, faster...'

There are numerous issues But the time is right to confront them!



The future DNA based diagnostic testing